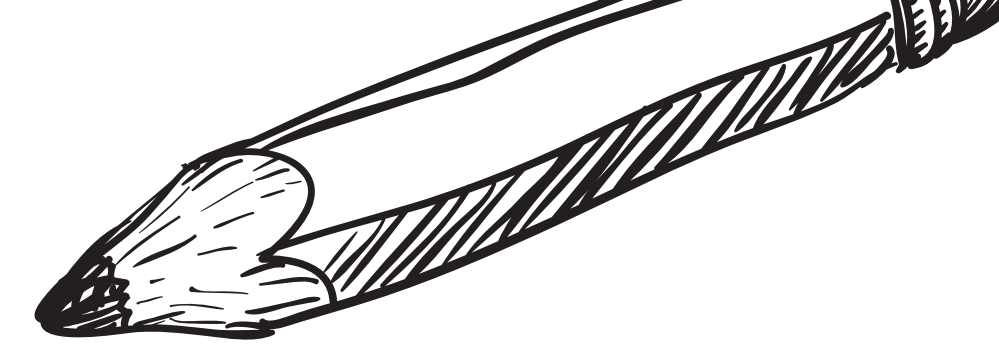


# gratitude



Observations

Needs that were  
contributed to



Feelings that  
I have as a result

Large empty rounded rectangular box for writing observations.

Large empty rounded rectangular box for writing needs that were contributed to.

Large empty rounded rectangular box for writing feelings that result from the contribution.

Request

Large empty rounded rectangular box for writing a request, containing the text: "Did I acknowledge my gratitude as much as I would like?"